

## PREFACE

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Survival of cystic fibrosis patients has improved significantly over the past years and, currently, the number of adult CF patients exceeds the number of pediatric patients. With increasing age, pulmonary complications, extra-pulmonary manifestations and also age-related comorbidities become more frequent leading to new challenges for the patients and the CF teams. To address the needs of the aging CF population, there is an increasing need to develop adult CF centers and adult-specific care plans.

For the creation of these recommendations, we invited the directors of all Swiss Adult CF centers to participate in an advisory board created specifically for this project. The board was constituted of 10 members from 8 adult CF teams. Intentionally, we choose to elaborate recommendations rather than guidelines, combining available literature and clinical experience. Whenever possible, authors representing different CF centers and complementary areas of expertise contributed to specific chapters. For some chapters, we also requested external review by specialists who are international leaders in their field. All chapters were discussed by the advisory board and revised as needed to reach a consensus.

We would like to thank the members of the advisory board, the authors and expert reviewers for their contribution to this project. Also, Mrs Jessica Scheurer for designing the figures for this publication and the sponsors (CFCH, Fondation Respirer, Ligue Pulmonaire Vaudoise, Mylan, Vertex, Vifor). Although they had no role in the design of this project or the writing of the chapters, with their support, this document is available as an open access book. We hope that this work will serve as a practical tool for CF teams and we welcome your feedback to help us further refine the future editions of these recommendations.

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